



# Morpeth Children's Centre

What's On  
April - July 2017

HOW  
ACTION FOR  
CHILDREN  
WORKS

## MONDAY

### Pre Booking Pregnancy Clinic 9.15am - 9.45am

Essential information is given out by local midwives to parents who are in the early stages of pregnancy  
Please note there is no parking on site

### Parent Craft 10.30am - 12.30 pm

A great opportunity for parents-to-be and their supporters to get useful information and ideas to help you prepare for childbirth and caring for your new baby.  
Begins 3 April for 4 weeks  
Following sessions start 5 June for 4 weeks



## TUESDAY

### Specialist Infant Feeding Clinic 10.30am - 12.30pm

Held first Tuesday of month.  
To book an appointment please contact Janet on 01670 843137



### Sunshine Pre-School 9.15am - 12.15pm 12.30pm - 3.30pm

For children aged 2-4 years old  
\*Free Early education for 2 year olds or paid places at £14.90 per session  
(please see reverse for more details)



## WEDNESDAY

### Baby Weigh In Clinic 9.00am - 10.30am Call in to weigh baby and chat to a Health Visitor

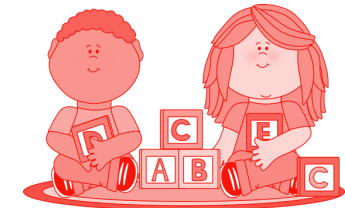


### Breast Feeding Support Group 9.30am - 11.30am Come along and join us for information, advice & support



## THURSDAY

### Learning Together Through Play 9.30am - 11.00am Parent and toddler group for children 0-5 years old Call in anytime, no need to book Term time only £1.00 per family



### Sunshine Pre-School 12.30pm - 3.30pm For children aged 2-4 years old \*Free Early education for 2 year olds or paid places at £14.90 per session (please see reverse for more details)

 Find us on  
Facebook

### **FREE CHILDCARE FOR TWO YEAR OLDS**

Did you know any parent in Northumberland with a child already 2 years old and who have a household income of less than £16,190 or their child has a disability could be entitled to **15 hours of FREE** fun and learning for their child.

To find out if you are entitled and where you can use the funding, call Northumberland County Council on **01670 623592** or **0800 023 4440** or visit [www.northumberland.gov.uk/freechildcare](http://www.northumberland.gov.uk/freechildcare)

### **SUNSHINE PRE-SCHOOL**

Day	Morning	Afternoon
Tuesdays	9.15am - 12.15am	12.30pm - 3.30pm
Thursdays	No morning sessions	12.30pm - 3.30pm

For children aged 2-4 years old  
\*FREE Early Education for 2 year olds or paid places at £14.90 per session  
More sessions available at Morpeth Methodist Church on Mondays, Wednesdays and Fridays

Tel: 07980338014

Email: [sunshinepreschool@hotmail.com](mailto:sunshinepreschool@hotmail.com)

\*please see **FREE CHILDCARE FOR TWO YEAR OLDS** section

### **Pre Pregnancy Booking Clinic**

Please could you attend this session before your "Booking" appointment with your midwife. You are welcome to bring your partner/family member or a friend if you would prefer not to come on your own.

At this session a midwife will discuss with you several issues regarding your pregnancy

### **Breastfeeding Group**

A group for breastfeeding mums to attend, meet other mums, get advice from Nursery Nurse and Breastfeeding peer supporters and baby weigh at end of session, no need to book just come along

### **Learning Together Through Play**

Session includes lots of age appropriate toys and games for children to play with, crafts, healthy snack time and singing  
Suitable for children birth to pre school age  
No need to book

### **Volunteering**

Working with our Children's Centre can be really rewarding besides learning new skills and enhancing your CV. Opportunities to help within our groups, Playgroups and admin are also available. Contact 01670 822714 for more information.

### **Useful Telephone Numbers:**

Wellway Medical Centre	01670 502333
Greystoke Medical Centre	01670 511393
Pegswood Medical Centre	01670 511840
New NHS Centre, Morpeth	01670 500940
Families Information Service	0800 023 4440
Northumberland County Council	0345 600 6400
Community Works	01670 519575
Breastfeeding Support Helpline	0300 100 0212

### **DARLING DUCKLINGS!**

Post natal group for babies from birth to 6 months.  
Every Thursday at the new

Morpeth NHS Centre  
NE61 1JX

Start: 1.30pm End: 3.00pm

### **Morpeth Children's Centre**

Stobhill  
Morpeth,  
Northumberland  
NE61 2HA

01670 511581

[nebedlingtoncc@actionforchildren.org.uk](mailto:nebedlingtoncc@actionforchildren.org.uk)